Autumn / Winter 2024/2025 - Week

Dates: 11th Nov 2nd Dec

Available Daily: Pick & Mix Selec





	WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Main Meal Option 1	Tomato, Baked Bean & Spiral Pasta Bake	Red Tractor Pork Sausage Roll with Skin on Baked Potato Wedges	Roast Chicken with Gravy, Stuffing & Roast Potatoes	Red Tractor Beef Pasta Bolognese & Garlic Bread	MSC Fish Fingers & Chips
	Vegetarian Option 2	Cheese & Tomato Pizza with Tomato Pasta Salad	Cheese & Onion Pastry Roll with Skin on Baked Wedges	Quorn Grill with Gravy, Stuffing & Roast Potatoes	Plant-based Pasta Bolognese with Garlic Bread	Crispy Vegetable Fingers & Chips
1	Vegetables	Broccoli/Cauliflower & Carrots, Sweetcorn	Red Tractor British Peas, Baked Beans	Broccoli/Cauliflower & Carrots	Broccoli, Carrots & Cauliflower Sweetcorn	Baked Beans British Red Tractor Garden Peas
	Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
	Pasta	Pasta with Tomato & Basil Sauce	Pasta with Cheese	Pasta with Tomato & Basil Sauce	Pasta with Cheese	Pasta with Tomato & Basil Sauce
	Dessert	Chocolate Mousse and Orange Smiles	Homemade Jam Buns & Custard	'Hidden Fruit 'Chocolate, (Beetroot & Pear) Brownie	Fruity Strawberry Jelly & Mandarin Segments	Vanilla & Cherry Cookie Cup

Portion(s) of fruit or veg













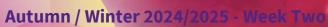




Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.





Dates: 28th Oct 18th Nov

Available Daily: Pick & M





	Wallable Daily: Pick & MIX	Selection, Fresh Bread, Fre	isii Fruit & Yogilui t			
-	WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Cheese & Tomato Pizza with	Red Tractor Pork Sausage with	Roast Chicken with Gravy,	Garlic & Tomato Chicken Pasta	MSC Fish Fingers
	Main Meal Option 1	Tomato Pasta Salad	Mashed Potatoes & Gravy	Yorkshire Pudding	Spirals	&
				& Roast Potatoes	4	Chips
		Potato, Spinach & Cheese	Plant Based Sausage with	Quorn Grill with Gravy, Yorkshire	Garlic & Tomato Vegetable Pasta	Crispy Vegetable Fingers & Chips
	Vegetarian Option 2	Toasted Wrap	Mashed Potatoes & Gravy	Pudding & Roast Potatoes	Spirals	
		with Tomato Salsa			#	
			•	\$	\$	
		Baked Beans or British Red	Broccoli/Cauliflower & Carrots	Broccoli/Cauliflower & Carrots,	Broccoli/Cauliflower & Carrots	Baked Beans,
	Vegetables	Tractor Garden Peas		Sweetcorn		British Red Tractor Garden Peas
	ŭ	V	V	V	V	*
L	Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
	Pasta	Pasta with Tomato & Basil Sauce	Pasta with Cheese	Pasta with Tomato & Basil Sauce	Pasta with Cheese	Pasta with Tomato & Basil Sauce
		Jacket Potato with Cheesy	Jacket Potato with Cheesy	Jacket Potato with Cheesy	Jacket Potato with Cheesy	Jacket Potato with Cheesy
	Baked Jacket Potatoes	Beans, Tuna Mayonnaise or	Beans, Tuna Mayonnaise or	Beans, Tuna Mayonnaise or	Beans, Tuna Mayonnaise or	Beans, Tuna Mayonnaise or
ı		Cheese or Beans	Cheese or Beans	Cheese or Beans	Cheese or Beans	Cheese or Beans
		Apple & Sultana Crumble	Iced Carrot Cake	Chocolate Shortbread/Pinwheels	Toffee Cream Tart	Chocolate Oaty Slice
	Dessert	Bar with Custard	& Orange Slices			
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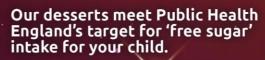












Autumn / Winter 2024/2025 - Week Three

Dates: 4th Nov, 25th Nov, 16th Dec, 6th Jan, 27th Jan, 17th Feb, 10th Mar, 31st Mar

Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit & Yoghu





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	WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Main Meal Option 1	Cheesy Pasta Spirals with Pizza Style Topping	Beef Lasagne with Garlic & Tomato Bread	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Beef & Potato Pie with Mash	MSC Fish Fingers & Chips
	Vegetarian Option 2	Beany Shepherd's Pie	Vegetable Lasagne with Garlic & Tomato Bread	Quorn Grill with Gravy, Stuffing & Roast Potatoes	Cheese, Onion & Potato Pie with Mash	Cheese & Onion Pastry Roll
_	Vegetables	Broccoli/Cauliflower & Carrots & Sweetcorn	Sweetcorn & Carrots	Broccoli/Cauliflower & Carrots	Baked Beans, British Red Tractor Garden Peas	Baked Beans, British Red Tractor Garden Peas
	Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
	Pasta	Pasta with Tomato & Basil Sauce	Pasta with Cheese	Pasta with Tomato & Basil Sauce	Pasta with Cheese	Pasta with Tomato & Basil Sauce
	Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans
•	Dessert	Lemon Cupcake with Fruit Slices 502	Chocolate Cookie & Orange Wedges	Lemon Drizzle Cake	Strawberry Mousse	Chocolate Crunch 'Concrete'

















Our desserts meet Public Health England's target for 'free sugar' intake for your child.